

## MENU FOR AM SESSION

<b>MONDAY</b>	Milo and Biscuits (Cheese Cracker / Animal Biscuit / Susu Cracker) or Shredded Chicken Porridge served with Shredded Carrots
<b>TUESDAY</b>	Milo and Biscuits or Kuey Teow with eggs, Chye Sim, Bean Sprout and Fish Slices
<b>WEDNESDAY</b>	California Raisin Loaf or Fish Porridge with Bean Curd and Shredded Carrots
<b>THURSDAY</b>	Corn Bread / Wholemeal Raisin Bun or Meehoon with Chye Sim, Bean Sprouts and Shredded Carrots
<b>FRIDAY</b>	Oat & Honey Loaf or Fish Porridge with Bean Curd and Shredded Carrots

## MENU FOR PM SESSION

<b>MONDAY</b>	Yang Chow Fried Rice with Mixed Vegetables / Olive Rice with Egg Omelette, Tomatoes, Onions, Garlic, Silver Fish and Spring Onions
<b>TUESDAY</b>	Fried Meehoon with Fish Slices and Seasonal Vegetables / Meehoon Soup with Fish Slices and Seasonal Vegetables / Fish ball Meehoon / Mee Soup with Bean Sprout and Chye Sim
<b>WEDNESDAY</b>	Mixed Noodles with Fish Cake, Bean Sprouts and Chye Sim / Chicken Hor Fun with Seasonal Vegetables / Fried Noodles
<b>THURSDAY</b>	Fried Bee Tai Mak with Vegetables and Shredded Carrots / Fish Ball Bee Tai Mak Soup with Vegetables and Shredded Carrots / Chicken Macaroni Soup with Vegetables and Shredded Carrots
<b>FRIDAY</b>	Olive Fried Rice and Mixed Vegetables / Chicken Rice served with Cucumber, Tomatoes and Chicken Broth (upon request) / Lemon Chicken served with Rice, Mixed Vegetables and Chicken Broth (upon request)

- All food served is non halal. BRMCK reserves the right to make adjustments to the school menu as and when it deems fit.
- **Term One Menu is highlighted in blue.** Hot porridge and food with soups and gravy will only be served from Term Two onwards when all students (especially the new N1 and N2 students) are fully settled in school.
- To encourage students to eat more vegetables and fruit, all BRMCK students are to bring an uncut apple, orange or pear to school every Monday to share with his/her classmates during meal times.

### **SPECIAL DIETARY REQUIREMENTS AND / OR INDIVIDUAL FOOD / UTENSIL PREFERENCES**

**Students with food allergies and / or special dietary requirements and / or preferences are strongly encouraged to bring their own packed meals from home as we regret we are not able to accommodate the special dietary requirements and / or preferences of individuals. Home packed meals should be home meals which do not require reheating as we do not have facilities in our classrooms for this. We regret we are not able to accommodate personal preferences for specific type of utensils used to cook, store and serve food in BRMCK. We seek parents' kind understanding that it is not the responsibility of BRMCK staff to wash utensils sent in from home.**

**Thank you for your kind understanding and cooperation.**

My spouse and I agree to abide by all terms and conditions as stated above. We agree to the above food served to our child/ children and are fully aware that the food is not halal.

Name and Signature of Parent/Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_